

Look and Feel Clean, Sweet and Fresh Every Day

Drink a glass of real hot water
before breakfast to wash
out poisons.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, nasty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before putting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, bilious spells, stomach trouble, rheumatism; others who have sallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store, which will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.—Adv.

WEST TOPSHAM

Chester Hight, Newly Elected Representative, Serenaded.

Tuesday evening, between 30 and 40 friends of Mr. and Mrs. Chester Hight gave them a serenade and surprise in honor of Mr. Hight's election as representative. Violin music was furnished by Lawrence O'Mera, James and Chauncey McKay. Herbert Simpson was organist for the violin and Ruth Sayles for the singing. Refreshments of clam chowder, sandwiches, cheese and coffee were served. The party broke up at a late hour, congratulating Mr. Hight on his election.

Judge R. M. Harvey of Montpelier was a business visitor here the last of the week.

Mrs. Abbie Keyes and daughter, Mrs. Fred Bagley, and son were in East Orange visiting her mother, Mrs. Jane Hayward, Tuesday.

Mahlon Hamilton of East Orange was in town recently.

Mrs. Flossie Mills was at Charles Mills' in Orange Friday.

Miss Eula Poole, who has been spending the past few months at home, has returned to Orange Center.

Tom Flynn was a business visitor in Barre Saturday.

Mr. and Mrs. L. M. Flynn were Graniteville visitors Sunday.

Eugene R. Fellows of Burlington arrived in town Saturday and will visit his mother, Mrs. Alberta Fellows, and grandparents, Mr. and Mrs. George Newton, through deer season.

James and Chauncey McKay spent the week-end in East Topsham.

Dr. and Mrs. J. A. Dow of Bradford visited her sister, Mrs. Chester Hight, and husband Sunday.

Chester Hight and David Bagley were business visitors at Warren Currier's recently.

Mr. and Mrs. Everett Bean of Plainfield were in town last week, packing her mother's goods. Her mother, Mrs. Hattie F. Dodge, returned home with them.

The body of Mrs. Mary Philbrick of Barre passed through here Tuesday on the way to Waits River, where interment was made.

Resinol Surely Heals Sick Skins

When you know physicians have prescribed Resinol for over 20 years in the treatment of eczema and other itching, burning, unsightly skin eruptions, and have written thousands of reports saying: "It is my regular prescription for itching," "Resinol has produced brilliant results," "The result it gave was marvellous in one of the worst cases of eczema," etc., etc., doesn't it make you feel, "This is the treatment I can rely on for MY skin-trouble?"

When Resinol Ointment touches itching skins, the itching usually stops and healing begins. With the aid of Resinol Soap, it almost always clears away eczema, ringworm, pimples, or other distressing eruption quickly, leaving the skin clear and healthy. Sold by all druggists.

Use Resinol Soap regularly and you will be astonished to find how quickly it soothes and cleanses the pores, and leaves the complexion clear and fresh.

NORTH MONTPELIER

Mrs. Horace Gowan and son of Hardwick, who had been visiting Mr. and Mrs. Merrill Clark and Mr. and Mrs. Jerry Byron, went home Thursday.

Ed. Pitkin and George L. Pray have been commissioners of George Hollister's estate.

Mrs. Maggie Lawless visited in Woodville and North Haven, N. H., over Sunday.

Mr. and Mrs. George E. Pray were in Montpelier Saturday.

Mrs. George Kelton was knocked down and quite severely hurt by a horse she was driving last week.

Mr. and Mrs. Henry Hill and family of Hardwick visited at George L. Pray's Sunday.

Miss Elsie Clark is visiting in Montpelier and East Montpelier.

Mrs. Fred Little and Miss Grace Little were in Montpelier Wednesday.

Mrs. Alice Jacobs, who has been caring for Miss Betsey Clark, went to her home Sunday.

Lewis Dix has gone to Bellows Falls to work.

Hiram Martin, who has been visiting at his father's, Joseph Martin, went to his home in Fall River, Mass., the first of the week.

Mr. and Mrs. Ralph Parker and little daughter are visiting at the home of his father, R. Parker, in Calais.

Rev. George Fortier of St. Albans conducted services at the North and East Montpelier churches Sunday.

Frank Bugbee and Henry Martin were Barre visitors Wednesday.

Frank Blodah has sold his place to the Little Woolen Co.

Miss Winter of Calais is working for Mrs. Fannie Little.

Mrs. Bernice Ladue of Plainfield was a business visitor in town last week Friday.

Elmer Andrews returned Tuesday to his work here, after a few days' visit at Northfield Falls.

Mrs. Williams returned with Mr. Williams Monday from Northfield Falls and will weave nights in the mill for the present.

George Saunders of East Calais was a business visitor in town Monday.

ORANGE

Mrs. Wyness Tucker is ill and has been unable to keep school for the past week.

Florence Machia is in Jonesville with her aunt, Mrs. Jewett, through deer season.

A large flock of wild geese and another of ducks are thankful to Barre City for lodging on the city reservoir during Tuesday night's storm.

H. R. Whitcomb has sold his Morgan mare, Belle, to Mr. Tarbox of Piermont.

Merton Curtis wishes to express his appreciation to his friends who so kindly remembered him in any way on his birthday. We are glad to note that he is better than he was at that time.

C. L. Pease and family, Erman Hill and family are visiting at Ward Luce's. Christina Reid of Barre visited a few days at Henry Nixon's last week.

Mrs. E. D. Emerson and daughter are visitors at J. B. Emerson's during deer season.

The Heykay girls are planning an antiquarian social for Wednesday evening, Nov. 22, at the hall. All not wearing something decidedly old style will be fined. Anyone wishing an evening of fun is cordially invited to come. Refreshments will be served.

W. E. Jones has been authorized to receive reports of deer killed during the open season.

In place of the usual reception, Representative-Elect C. M. Richardson has presented the local library a set of 20 volumes of the messages and papers of the president.

Mrs. M. J. Waterman has returned from South Royalton and Warren.

Wells Palmer, who was a member of Co. C of the First Vermont cavalry, attended the reunion in Northfield Thursday of last week.

E. M. Atherton and wife from Colchester visited their mother, Mrs. Carrie Atherton, recently.

Mrs. Anna Somerville has gone to Hudson, N. H., to live with her daughter, Mrs. Harry Blodgett, this winter.

Amanda Thayer of Bethel and niece, Mrs. William Carleton of Warren, were guests of Mr. and Mrs. F. D. Boyce last Saturday.

Sunday Services.

Congregational church—W. A. Remels, pastor. The morning service will be omitted, owing to the pastor's absence from town. Sunday school in all departments also omitted. C. E. meeting at 7:30; subject, "Why Christianity is the Hope of Our Country," Psalms 9:1-20. Leader, Miss Helen Collins.

Methodist church—No service.

Episcopal church—No service.

Presbyterian church—No service.

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WATERBURY

W. J. Boyce Estate Auction Sale Was Largely Attended.

The auction sale of the W. J. Boyce estate property was well attended, with owners being present from Montpelier, Marshfield, Moretown, Duxbury, Jonesville, Stowe, Hardwick and this vicinity. Most of the machinery brought a fair price and went out of town. The real estate was sold as follows: The undivided half of 61-acre woodlot in Bolton to Frank Towne; the undivided half of 335-acre tract in Bolton to Dr. J. F. Clair; the Seaver timber tract in Northfield and the Berry lot in Waitsfield to the Ward Lumber Co. The butter box shop with water rights, buildings, machinery, fully equipped for making five pound butter boxes, to Fred Jewett of Bolton. The sale was in charge of S. C. Wheeler, administrator; C. F. Smith being the auctioneer.

Mr. and Mrs. Walter Wier, who have been for sometime with Mr. Wier's father, John Wier, have returned to Portland, Me.

Mrs. Wheeler of Craftsbury has been a guest of her niece, Mrs. D. D. Donovan.

Mr. and Mrs. Alfred Rossiter of New York City, who were at Green Mountain lodge for some time about four years ago, and made many friends, are guests of Mr. and Mrs. J. Frank Dodge.

The condition of Mrs. E. E. Joslyn, who is quite ill, remained about the same yesterday. Miss Rose Gibson is with her.

At the Methodist church Sunday, the subject of Rev. Verne L. Smith's sermon will be "The Shipwreck." At the Thursday evening meeting, H. C. Whitehill opened the discussion on "The Church and the Power of the Press." At the Congregational church Sunday, the pastor, Rev. William L. Boicourt, has for his sermon theme, "Home Life and Religion in America." Violin solos will be rendered by Earl Trombly, Mrs. Boicourt, pianist. In the evening the topic for the meeting is "Democracy in Church and State." Mr. Darrow is in charge. Services at St. Andrew's church as usual.

Saturday evening The Foreman's Lyceum quartet gives a concert at the Methodist church. They come highly recommended.

Mrs. E. F. Palmer left this morning for Lyndonville, where she will spend the week end with her daughter at Lyndon institute.

BETHEL

A. Henry Matson of Concord, N. H., was here yesterday, and by foreclosure proceedings again came in possession of the shoe shop used several years by the Matson Machine company, and sold three years ago to E. C. Githell of Montpelier.

James A. Harvey of Enosburg Falls has been visiting Rev. W. C. Harvey, his brother.

Mr. and Mrs. C. D. Cushing are in Boston to attend a fraternity banquet and visit friends.

Giuseppe Mauriello killed a large buck back of the quarry on the first day of the open season, breaking one point of its antlers by the shot. George A. Rogers also was a successful hunter.

A son was born Nov. 14 to Mr. and Mrs. Bert G. Perry of Randolph Center. E. S. Blossom has been confined several days with a case of sciatic rheumatism.

G. H. and H. O. Coolidge of Rutland drove an automobile from that city in two hours yesterday and described the road as excellent, notwithstanding the snow.

Bascom house guests included R. F. St. Clair of Plymouth, B. K. Stowell of Lyndon, Mark Churchhill of Woodstock, V. M. Benedict of New Haven and A. J. Payne of Burlington.

Health Officer O. V. Greene yesterday fumigated the Whitcomb high school building throughout, preparatory to the re-opening of the schools next Monday.

He also fumigated the home of R. A. Pierce, where a case of diphtheria had existed.

B. W. Trumbull and Mrs. Frederick Smart visited Mr. Smart at the state hospital recently.

Rehearsals are in progress for a drama, "What's in a Name?" to be given next Friday evening in connection with the Universalist fair.

WAITSFIELD

Mrs. Adah Thayer of White River Junction and sister, Mrs. Va. Beusen of Warren, were recent guests of Mr. and Mrs. H. M. Waite.

Miss Betsey Joslin passed her 80th birthday anniversary Thursday by spending the day with her sister, Miss Minerva Joslin, who is 89.

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DON'T BE BILIOUS, HEADACHY, SICK OR CONSTIPATED

Enjoy Life! Live Your Liver and Bowels To-night and Feel Great.

Wake Up with Head Clear, Stomach Sweet, Breath Right, Cold Gone.

Take one or two Cascarets to-night and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced.

Wake up feeling grand, your head will be clear, your tongue clean, breath sweet, stomach regulated and your liver and thirty feet of bowels active. Get a box at any drug store now and get straightened up by morning. Stop the headache, biliousness, bad colds and bad days. Feel fit and ready for work or play. Cascarets do not grip, sicken or inconvenience you the next day like salts, pills or calomel. They're fine!

Mothers should give a whole Cascaret anytime to cross, sick, bilious or feverish children because it will act thoroughly and can not injure.—Adv.

AMUSEMENT NOTES

Again Did "The Princess Pat" Please a Barre Audience.

"The Princess Pat," a musical comedy by Henry Blossom and Victor Herbert, was presented at the Barre opera house last evening for the second time before a large and appreciative audience.

The cast included some very clever actors and actresses, as well as soloists. There was a heavy chorus, and some beautiful costumes, with all the performers singing well and dancing very gracefully, they sang some of the most catchy tunes heard on the stage to-day.

The play is centered around General Holbrook's home with Anthony Schmalz, an old Dutchman and millionaire, visiting at the general's house. Tony Schmalz, son of Anthony and Bob Darrow, a dare devil happen along at the same time. The elder Schmalz goes there to see Grace Holbrook, daughter of the general, and meets the Princess Pat with whom he falls in love, and she knits a very deep plot with the aid of Bob Darrow to entice the affections which Mr. Schmalz has had for Grace, and at the same time get him to work the prince, husband of Princess Pat, into jealousy, in order that he will show more affection for her, as he has neglected her for some time. By doing this Schmalz forgets all about Grace, and Tony, his son, wins her affection and marries her secretly. Darrows arranges it with a constable to arrest Schmalz as he is about to elope with the princess after he is well paid by Darrow, who is squeezing a nice little sum from the old millionaire in order to keep all a secret and to help the couple away from the prince.

Miss Ruth Welch, who took the part of Princess Pat, did full justice to the role. Her voice sounded the depth of every emotion. She is supreme in the expression of affection and her facial play in moments of distress is excellently done. Ben Hendricks in the part of Anthony Schmalz kept the audience in a roar of laughter with his German dialect and he kept the attention of all in his own peculiar way, mingling his jokes with his love which he had for the princess in a manner that is nothing less than admirable. The supporting company were well balanced and were capable in their various roles.

Middlesex

Mrs. L. J. Russell went Wednesday to visit relatives in Williamstown.

Miss Linda Crane is visiting among friends in Richmond and Burlington.

Walter Russell made a business trip to Colchester Wednesday.

James Ferris, who was operated on at Heaton hospital for appendicitis recently, has returned home.

Earl Densmore is among the successful hunters, having shot a fine buck Wednesday.

The entertainment given by the Foreman's Lyceum quartet Wednesday evening, although poorly attended, was most thoroughly enjoyed by those who were present. It surely may be considered one of the best of its kind given here in a long time.

George Thompson has finished work for F. J. Eaton and Thursday went to his home in Bolton.

Mrs. George Martin of Williamstown spent the first of the week with her sister, Mrs. Angie Newhall.

Mrs. Kelsey of Barre is caring for Mrs. Angie Newhall, who is now ill with bronchitis. Her condition is quite serious.

Zero weather was reported in some places Friday morning.

Waldo Miles has finished work for the D. & H. R. Co., and returned home Thursday.

Clair Densmore and Charles Connor are in Windsor, where they have employment in the machine shops.

Mrs. O'Connell of Boston is with her husband for a few weeks and they are boarding at Henry Daniels.

Mrs. A. P. Bigelow went Friday for a week's stay in Boston and vicinity.

The Reason.

"Why don't you brush your hair?" asked a man of the boy with the frowzy hair.

"Ain't got no brush."

"Why don't you use your father's brush?"

"He ain't got no brush."

"No brush? Why hasn't he a brush?"

"Ain't got no hair."

Eager to Practice.

"My boy, you want to practice thrift."

"I know, dad, but I haven't the tools."

"What do you mean by that?"

"If you'll let me have the \$5 I need I'll see how long I can make it last."—Detroit Free Press.

WILLIAMSTOWN

Do not forget the chicken-pie supper at the Congregational vestry Friday evening from 5 p. m. until 8:30 p. m. Everybody come and help make it a success.

Rev. Alven M. Smith will preach his farewell sermon at the Universalist church next Sunday, Nov. 19. Topic, "Memory and Priphesy."

Miss Cora B. Lance of Cabot, a former teacher in the Clogston and village schools, was in town lately and visited at Elwin J. Clogston's. She has been in Boston and vicinity for the past two years.

A reception is to be held at the Odd Fellows' hall Saturday evening, Nov. 18, for Rev. and Mrs. A. M. Smith and Mr. and Mrs. Walter Granger, who are going to leave for California. All friends are cordially invited to attend.

Methodist church—Divine worship next Lord's day. Morning at 10:45. Union evening service at 7:30. The Sunday school is held at the close of the morning service. Epworth league on Tuesday evening. No prayer meeting next week.

Solid Rock chapel, Foxville—Plan to be present at the preaching service next Sunday. Everybody cordially invited. The service begins at 2:30.

Prof.—Name the largest known diamond.

Bob—The ace.—California Pelican.

"I'll have to get a new typewriter. The paint has all come off this one," said the boss, as he brushed his coat.—Dartmouth Jack o' Lantern.

RED LIPS AND HEALTH

The first place that anemia, or thin blood, shows is in the lips and gums and the membranes that line the eye lids. You may be naturally pale and still be healthy but when these membranes lose their bright red color your blood is deficient in quantity or color.

Thin blood is a danger. It invites disease. The organisms of the blood fight off disease germs. Thin blood means less power to do this. For instance, when you cut yourself it does not heal so quickly if your blood is thin and weak.

To build up the blood there is one remedy that has been a household word for a generation, Dr. Williams' Pink Pills for Pale People. They tone up the entire system, make the blood rich and red, strengthen the nerves, increase the appetite, put color in the cheeks and lips and drive away that unnatural tired feeling. Plenty of sunlight, good wholesome food and fresh air will do the rest.

Two books, "Building Up the Blood" and "What to Eat and How to Eat" give just the information that every mother of a growing girl needs. They are free. Write for them today to the Dr. Williams Medicine Co., Schenectady, N. Y. Your own druggist sells Dr. Williams' Pink Pills.

"I'll have to get a new typewriter. The paint has all come off this one," said the boss, as he brushed his coat.—Dartmouth Jack o' Lantern.

SPECIALS

At the American Clothing Co.'s

Dissolution Sale

MEN'S SUITS

\$10.00 Men's Suits ... \$6.89

12.50 Men's Suits ... 9.48

15.00 Men's Suits ... 10.98

17.50 Men's Suits ... 12.49

20.00 Men's Suits ... 14.89

LADIES' COATS

\$14.00 Ladies' Coats ... \$9.89

15.50 Ladies' Coats ... 10.21

16.50 Ladies' Coats ... 11.29

22.50 Ladies' Coats ... 16.29